

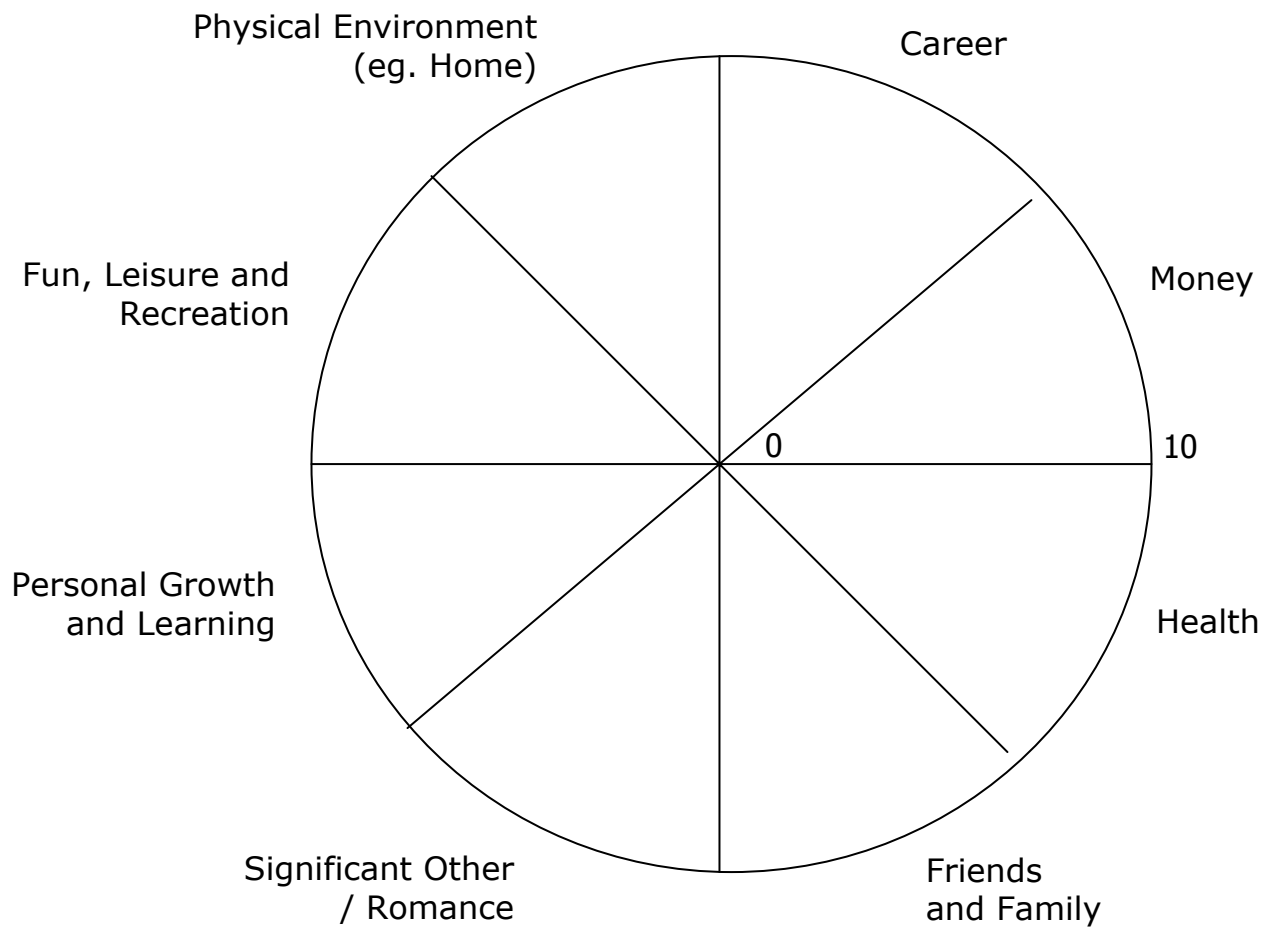
Wheel of Life Exercise

How Technology is Changing Legal Recruiting & Lawyer Counseling

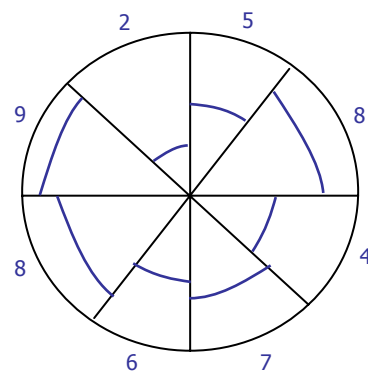
NALP Annual Education Conference April 2015

NAME: _____

DATE: _____



EXAMPLE



WHEEL OF LIFE INSTRUCTIONS

The 8 sections in the Wheel of Life represent balance.

- ✿ Please change, split or rename any category so that it's meaningful and represents a balanced life for you.
- ✿ Next, taking the centre of the wheel as 0 and the outer edge as 10, rank your **level of satisfaction** with each area out of 10 by drawing a straight or curved line to create a new outer edge (see example)
- ✿ The new perimeter of the circle represents **your** 'Wheel of Life'. Is it a bumpy ride?